



# When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment using the SOS Approach to Feeding



#### **PRESENTERS:**

Dr. Kay Toomey, developer of the SOS Approach to Feeding program and her colleague

#### DATE:

5-Day hybrid training conference

Part I: Pre-recorded On-line segment (8 to 9 hours)

Part 2: In-person segment (4 days), 4th to 7th March 2026

TIME : SGT 8:00am - 5:30pm

**VENUE**: Singapore (address to be confirmed)

FEES:	SGD
Early Bird - Group of 3 or more (before I May 2025)	1980
Early Bird - Individual (before 1 May 2025)	2080
Regular - Group of 3 or more (from 1 May 2025 onwards)	2280
Regular - Individual (from 1 May 2025 onwards)	2380

## About the training conference

Scheduled for 4th to 7th March 2026, the Sequential Oral Sensory (SOS) Approach to Feeding program is a trans-disciplinary program for assessing and treating children with feeding difficulties and weight/growth problems from birth to 18 years. The program integrates posture, sensory, oral motor, developmental, behavioral/learning, psychosocial, medical, and nutritional factors to comprehensively evaluate and manage children with feeding/growth problems.

## Participants of the training conference receive:

- A comprehensive understanding in the theory of the SOS Approach
- An in-depth understanding of how children learn to eat and to not eat
- Details about how to accurately and thoroughly assess feeding disorders
- Effective interventions to help families change how they feed their children
- Direct attendee participation in eating, breathing and posture exercises
- Instruction about how to conduct an SOS Approach to Feeding therapy session

### **COURSE OBJECTIVES:**

## Participants attending will be able to:

- List the seven areas of human function that need to be examined to provide a comprehensive Feeding Assessment.
- 2 Identify at least five of the oral, sensory, motor, cognitive or emotional developmental milestones key to being able to eat well.
- 3 List three reasons why children won't eat, as based on learning theory principles.
- Differentiate classical and operant conditioning principles as applied to resolving feeding problems.

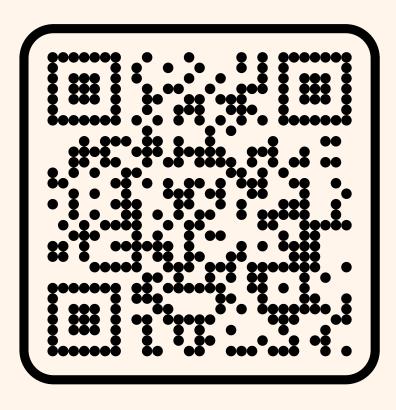
- Identify at least four of the necessary components of an SOS Approach to Feeding program for babies, toddlers and young children in either an individual or group therapy session.
- 6 List all three requirements for building a Food Hierarchy.
- 7 Identify at least one play-based strategy for progressing a child up each of the 6 major Steps on the Steps to Eating Hierarchy.

#### Suitable for:

Speech Therapists, Occupational Therapists, Special Educators, Early Intervention Specialists, Nurses, Psychologists, Physicians, Dietitians, Mental Health Workers, other Child Care Providers and Educators.

## **REGISTRATION:**

For queries, email us at info@magicbeans.sg or contact us via WhatsApp +65 8777 3171. For full details and registration, please visit http://www.magicbeans.sg/sos-workshop/



\*\*This Hybrid SOS Main Training Conference (5 Days) has a 100% Attendance requirement. Registrants are expected to complete the 8 hour pre-recorded Online Segment of the Conference at least one week prior to attending the In-Person Segment of the Conference. During the In-Person Segment of the Conference, Registrants are expected to fully participate for the entire length of each day = 8:00am to 5:30pm. Registrants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the Conference early. Registrants who arrive late or leave early will not receive their Certificate of Attendance.